



*"Quantum healing involves healing one mode of consciousness, mind, to bring about changes in another mode of consciousness, body" - D. Chopra*

D. Chopra abuses the word "quantum" to make his nonsense sound credible. There is no evidence to support his notion that quantum mechanics has anything to do with consciousness.

By perpetuating this confused nonsense, Dr. Chopra avoids doing the necessary research to validate his work. At the same time, he continues to use the trappings of science to give his multi-million dollar snake oil industry the veneer of legitimacy.

*"You can free yourself from aging by reinterpreting your body and by grasping the link between belief and biology." – D. Chopra*

Aging is a complex process, and while meditation can have a positive benefit to health by reducing stress, it is not a cure-all for the inevitable aging process. Chopra himself is aging despite what he advocates. Images on the back cover of his more recent books and on his website are deceitfully out of date.

**The universe is a complex and beautiful place, and we deserve real answers to its important questions. Think about it: does *Deepak Chopra* have real answers?**



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### **Why do we care about Deepak Chopra?**

Dr. Chopra would like to present himself as merely an "alternative thinker", whose ideas about the universe are in tune with "different ways of knowing."

However, Dr. Chopra makes millions of dollars selling his ideas, and makes health-related and medical claims about the power of belief and "quantum consciousness." None of his ideas are supported by any evidence, nor does he even attempt to test his ideas in the real world.

Are you thinking about relying on Dr. Chopra's teachings? Teachings that are simply empty theories with no evidence to back them up?

If you do, what effective and proven medical interventions will you be giving up? Are you willing to put your life, and the life of your family, at risk by relying on babble instead of science?

Do you want your politicians making health policy based on nonsense? Do you think that public health policy should be informed by the practices with the best evidence for them? Or by someone who believes that shoving a hose up your rear end is a good general health practice?

We at the Centre for Inquiry believe that when it comes to mental and physical health, it's imperative that people are well informed, and that their problems are treated effectively.

**The body is a complicated system, and human health deserves real answers to its important questions. Think about it: does *Deepak Chopra* have real answers?**



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**Deepak is not a Physicist.**

**Don't pay money to someone who just makes stuff up.**

*"The moon exists in consciousness – no consciousness, no moon."*  
D. Chopra

**Good health is not merely a matter of choice.**

**YouTube of the Shermer/Chopra debate on ABC's Nightline:**  
[tinyurl.com/shermer-chopra](http://tinyurl.com/shermer-chopra)

[www.sciencebasedmedicine.org](http://www.sciencebasedmedicine.org)  
[www.quackwatch.com](http://www.quackwatch.com)  
[www.whatstheharm.net](http://www.whatstheharm.net)



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**Good health is not merely a matter of choice.**

**Word salad is not science.**

**'Quantum' babble is still just babble.**

**Deepak is not a Physicist.**

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[www.quackwatch.com](http://www.quackwatch.com)  
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