

DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE

PUBLIC HEALTH SERVICE

Refer To: PS, CPB-6
February, 1969

Fluoridation - For You And Yours

A pamphlet, Fluoridation - For You And Yours, which summarizes statistical information contained in Fluoridation Census 1967 is now available. This pamphlet briefly describes the progress of fluoridation, presents graphically the current status for easy comparison by State, and indicates the trend toward Statewide action. It should be useful in quickly presenting such factual information to decision-makers.

Reasonable quantities can be made available. Space has been left on the back cover for the stamping of the name and address of a local organization.

Community Programs Branch
Division of Dental Health
8120 Woodmont Avenue
Bethesda, Maryland 20014

Enclosure

Fluoridation - for you and yours



U.S. DEPARTMENT OF
HEALTH, EDUCATION, AND WELFARE

Fluoridation—A Major Health Benefit

Fluoridation, the adjustment of the fluoride content of water to approximately 1 p.p.m., can prevent 2 out of 3 cavities.

Decades of research confirm its safety for children and adults alike. It has been endorsed by virtually every major health organization. Children who drink fluoridated water from birth can expect fewer cavities, more attractive teeth, and teeth that can last a lifetime. Much of the pain and discomfort from aching teeth can be prevented.

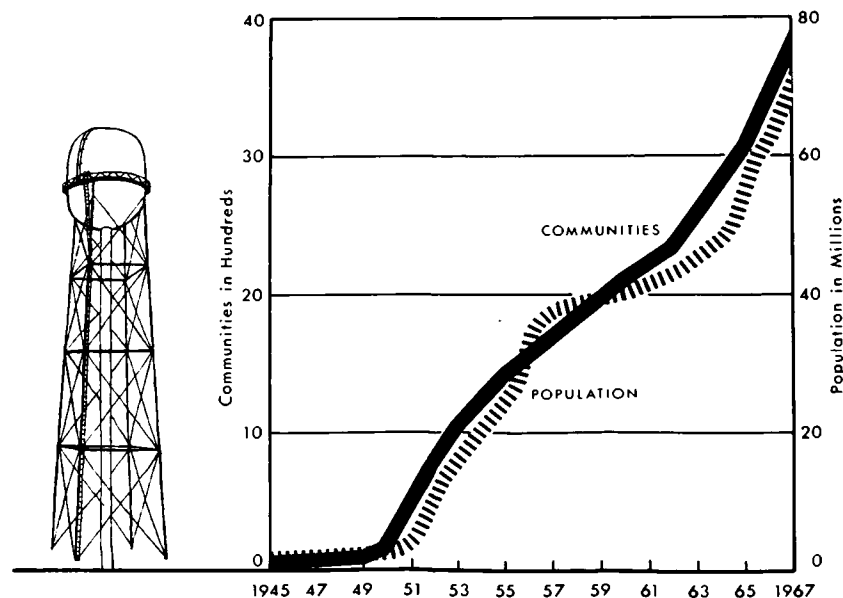
Communities can build a heritage of better dental health through fluoridation at a cost

of only pennies per person per year. Dollars and dental man-hours saved can be used to provide more comprehensive dental care for all.

Almost all water supplies in the United States contain some natural fluoride. Since numerous community water supplies contain the right amount for better dental health, millions have enjoyed its benefits throughout life for generations.

There is no scientific reason for any community to be without the benefits of this major health measure—fluoridation.

Communities and population served with water to which fluoride has been added, 1945-1967



Fluoridation Now— The Halfway Mark

Eighty-two million Americans, over half of those on public water supplies, now use fluoridated water daily. Some 10,000,000 of these are on naturally fluoridated supplies. Nearly 4,000 communities, including 50 percent of all with populations of 10,000 or more, have adjusted the fluoride content of their water.

Some major fluoridated cities . . .

Baltimore	New York
Buffalo	Norfolk
Chicago	Oklahoma City
Cleveland	Philadelphia
Dallas	Pittsburgh
Denver	Rochester
Detroit	San Francisco
Fort Worth	San Juan
Indianapolis	St. Louis
Louisville	St. Paul
Miami	Toledo
Milwaukee	Tulsa
Minneapolis	Washington, D.C.

States and territories with over 75 percent of their population on public water supplies fluoridated for better dental health . . .

Alaska	Minnesota
Colorado	New Mexico
D. C.	North Dakota
Illinois	Rhode Island
Indiana	Virginia
Iowa	West Virginia
Kentucky	Wisconsin
Maryland	Puerto Rico
Michigan	

Fluoridation Through Statewide Action

Ninety-seven percent of our population is attacked by tooth decay, and much of the pain and expense can be prevented—through fluoridation.

Many communities, recognizing the magnitude of the problem, are directing their efforts toward coordinated Statewide action. Some have developed State laws and regulations. Leading the way are . . .

Connecticut	Michigan
Delaware	Minnesota
Illinois	Puerto Rico
South Dakota	Ohio

For Further Information Contact

- Local and State health departments
- Local and State dental societies
- American Dental Association
211 East Chicago Avenue
Chicago, Illinois 60611
- Division of Dental Health, BHM
National Institutes of Health
Public Health Service, U.S. Department
of Health, Education, and Welfare
Bethesda, Maryland 20014

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U.S. Government Printing Office
Washington, D.C., 20402 - Price 10 cents each; \$5 per 100

How Does Your State Stand on Fluoridation?

The first number in each State refers to the percentage of its population on public water supplies with natural or controlled fluoridation. The second number shows the State's position in a ranking of all States according to percentages. Statistics as of December 31, 1967.

